

Privacy Statement Armwrestling Utrecht

Part of the sole proprietorship Havermout Hypertrofie

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Chamber of Commerce number: 95289887

Armrestling Utrecht considers it important that personal data is handled carefully and confidentially. This privacy statement explains which personal data Armrestling Utrecht processes, why this data is processed, and what rights individuals have.

Article 1 – Data Controller

1. **Armrestling Utrecht** is a trade name of the sole proprietorship Havermout Hypertrofie, established in Utrecht and registered with the Dutch Chamber of Commerce under number 95289887.
2. **Havermout Hypertrofie** is responsible for the processing of personal data as described in this privacy statement.
3. For questions about the processing of personal data, you can contact us at havermouthypertrofie@gmail.com.

Article 2 – Which Personal Data Is Processed?

1. Depending on how someone participates in activities of Armrestling Utrecht, the following personal data may be processed:
 - name;
 - telephone number;
 - email address;
 - residential address;
 - information about participation in training sessions;
 - information necessary for preparing and processing invoices;
 - communication between the Member and Armrestling Utrecht, for example via WhatsApp or email.
2. When registering for a training session, at minimum the name and telephone number are requested. The email address may be automatically provided through Google Forms.
3. A residential address may additionally be requested for the purpose of preparing an invoice.
4. Armrestling Utrecht does not request medical information or other special categories of personal data as part of the regular registration process.

Article 3 – Purposes of Processing Personal Data

Personal data is processed only insofar as necessary for the following purposes:

1. processing registrations for training sessions and activities;
2. keeping track of participation in training sessions;
3. communicating with Members about training sessions, changes, and other matters relating to their participation;
4. preparing, sending, and administering invoices;
5. maintaining financial records;
6. complying with legal administrative and tax obligations;
7. handling questions, requests, and complaints;
8. protecting the safety of participants and ensuring that training sessions and activities take place in an orderly manner.

Personal data is not used for purposes other than those described above, unless this is legally permitted or separate consent has been obtained.

Article 4 – Legal Basis for Processing

Armrestling Utrecht processes personal data on the basis of one or more of the following legal grounds under the General Data Protection Regulation (GDPR):

1. **Performance of a contract:** when processing is necessary to perform a membership, training session, punch card, day pass, or other agreement.
2. **Legal obligation:** when Armrestling Utrecht is legally required to retain certain data, for example for financial administration.
3. **Legitimate interest:** when processing is necessary for purposes such as communication, administration, preventing misuse, or protecting the safety of participants.
4. **Consent:** when processing is based on consent, for example for taking and publishing recognizable photographs or videos for promotional purposes.

Article 5 – Google Forms and Other Service Providers

1. Armrestling Utrecht uses Google Forms to collect registrations and other information.
2. When completing a Google Form, personal data may be processed by Google. Depending on the settings of the relevant form, a participant's email address may automatically be linked to the submission.
3. Armrestling Utrecht uses the information collected through Google Forms solely for the purposes described in this privacy statement.

4. Armwrestling Utrecht may also use WhatsApp and email to communicate with Members and send invoices. When using these services, personal data may be processed by the relevant service providers.
5. Additional privacy terms and conditions of the relevant service providers may apply to the processing of personal data by these providers.

Article 6 – Retention Period

1. Armwrestling Utrecht does not retain personal data for longer than necessary for the purpose for which it was collected, unless a longer retention period is legally required.
2. Data that forms part of the financial administration, including invoices and information necessary to substantiate them, is retained for as long as required under tax and other legal obligations.
3. Other data, such as Members' contact details, is deleted when it is no longer necessary for the performance of the agreement or another legitimate purpose, unless a statutory retention obligation applies.

Article 7 – Disclosure to Third Parties

1. Armwrestling Utrecht does not provide personal data to third parties for commercial purposes.
2. Personal data may be processed by service providers that support Armwrestling Utrecht in its business operations, for example for email, communication, online forms, or administration.
3. Where necessary, Armwrestling Utrecht makes agreements with such service providers concerning the protection of personal data.
4. Personal data may also be provided when this is necessary to comply with a legal obligation.

Article 8 – Security

1. Armwrestling Utrecht takes appropriate technical and organizational measures to protect personal data against loss, unauthorized access, alteration, or other unlawful use.
2. Access to personal data is limited as much as possible to persons who need the data for their work.

Article 9 – Rights of Individuals

A person whose personal data is processed by Armwrestling Utrecht has, under the GDPR, among others, the right to:

- request access to the personal data that Armwrestling Utrecht processes about them;

- have incorrect personal data corrected;
- under certain circumstances, request the deletion of personal data;
- under certain circumstances, request that the processing of personal data be restricted;
- object to certain types of processing;
- have personal data transferred where the right to data portability applies;
- withdraw previously given consent when processing is based on consent.

A request can be submitted via havermouthhypertrofie@gmail.com.

Armrestling Utrecht may request sufficient information to verify the identity of the person making the request before processing the request.

Article 10 – Complaints

1. Armrestling Utrecht aims to handle personal data carefully and to resolve any questions or complaints regarding this as effectively as possible.
2. A complaint or question regarding the processing of personal data can be submitted via havermouthhypertrofie@gmail.com.
3. If someone believes that their personal data is not being processed in accordance with the GDPR, they may also submit a complaint to the Dutch Data Protection Authority (*Autoriteit Persoonsgegevens*).

Article 11 – Changes

1. Armrestling Utrecht may amend this privacy statement from time to time, for example when its practices or applicable legislation change.
2. The most recent version of the privacy statement is available on the Armrestling Utrecht website.

Last updated: September 7, 2026